



THE GLACIER INSTITUTE

Youth Science Adventure Camps PERSONAL GEAR AND SUGGESTED CLOTHING LIST

Since all classes are outdoor-oriented, you will want to be prepared for unpredictable weather, especially rain, cold winds and maybe snow during any month. Keep in mind how many days you will be here and that there are no laundry facilities. **It is a good idea to label your child's possessions.**

- Sleeping bag and pillow
- Towel and washcloth
- Toothpaste, toothbrush, soap, cup and personal toiletry items
- Small flashlight or headlamp (The Big Creek generator is turned off at 10:00 p.m. and that means no electricity.)
- Raingear - waterproof, hooded jacket preferably with pants
- Warm Clothing
 - Sweater/sweatshirt – FLEECE NOT COTTON
 - Jacket or warm coat - fleece jackets & vests are perfect
 - Hat
 - Mittens or gloves
 - Wool socks and extra pairs of socks
 - Long underwear - AVOID COTTON - bring lightweight synthetic
 - Jeans
 - Shorts and swimsuits are an option, weather permitting
- Tennis shoes or water socks for getting wet
- Comfortable hiking boots - Be sure boots are well broken-in as new boots make blisters!
- Change of shoes for wearing around camp
- Sunglasses, sunscreen, mosquito repellent,
- Pencils, pens, small spiral notebook
- Water bottle, at least one 1 quart-size with screw lid, VERY IMPORTANT
No bike-style water bottles as they leak!
- Daypack large enough to carry raingear, warm clothes, hat, mittens, lunch, pencil, water bottle
- A book to read during quiet time

OPTIONAL

♦ special interest book ♦ field guides ♦ binoculars ♦ camera

DO NOT BRING

♦ chewing gum ♦ walkman or radios ♦ gameboys or other battery operated toys ♦ pocket knives
♦ buck knives ♦ bear spray ♦ electric appliances such as hair dryers, curling irons, etc.

♦ MAIN OFFICE ♦ 137 Main Street ♦ P.O. Box 1887 ♦ Kalispell, MT 59903 ♦ Tel: (406) 755-1211 ♦
♦ BIG CREEK (406) 253-1211 ♦ www.glacierinstitute.org ♦ register@glacierinstitute.org ♦